



Term 1, Week 5  
Friday 27 February 2015

### 👍 School Values 👍

**Respect**  
**Responsibility**  
**Excellence**

### 📖 Diary Dates 📖

#### Term 1

**Week 5** Year 6/7 Aquatics

**Week 6**  
Monday - March 2 – March 6 Swimming

**Week 7**  
Monday 9<sup>th</sup> Adelaide Cup Public Holiday

**Week 8** School Photos

**Week 10** Good Friday

**Week 11** Easter Monday  
Term End 2:10pm Thursday 9<sup>th</sup>  
Student Free Day Friday 10<sup>th</sup>

**You're never too old,  
too wacky, too wild,  
to pick up a book  
and read to a child.**  
Dr Seuss

### Leader's Report

#### SCHOOL CAPTAINS

Congratulations to our newly elected captains for 2015:  
**Dee-Jaye Roach, Travis Williams and Luke Garin.**

#### School Crossing

Last Friday, 20<sup>th</sup> February, our year 6 / 7 students were trained by SAPOL to 'man' our school crossings. This now means both crossings will be operational as soon as students return consent forms and school captains complete the roster. Please return all forms. Thank you.

#### CURRICULUM

##### School Priorities

We continue to focus on providing quality education for all students in our school. This year our particular priority is embedding 'Play is the Way' language and philosophies within the school community. In particular students 'code switching' as appropriate to the situation; students themselves providing positive solutions for varied social situations; treating each other as you would like to be treated and doing things because it is the right thing to do.

We continue to have the priorities of Literacy and Numeracy improvement across the school. We intend to track ALL students' improvement with a range of data and look at how teaching programmes then cater for individual needs and what intervention needs to occur.

##### Swimming

All students in Reception to Year 5 will attend swimming lessons next week at the Marion outdoor Swimming centre. Swimming is an important part of the children's Health and Physical Education curriculum. Please ensure that your child has returned their consent forms and has all the items they need for swimming.



## Finance News

### School Card

I thought this week I would explain a little about school card. School Card is a system by which low income families can apply to have their school fees covered. This is to ensure that all children are able to receive an education.

If you have never applied for school card before and are not sure if you qualify, please look at the following table:

No of dependent children	2013/2014 Annual School Card Income Limit	2013/2014 Average Weekly School Card Income Limit
1	\$36,576	\$704
2	\$37,574	\$724
3	\$38,572	\$744
4	\$39,570	\$764
5	\$40,568	\$784
Each additional dependent child	\$998	\$20

It is based on the PREVIOUS financial year. So if your circumstances have changed since July 1<sup>st</sup>, you may not be eligible until next year. Please still feel free to submit a form however.

You will need to include on the form your Centrelink number and the Centrelink number of your child/children. The details are then loaded into the system waiting for the department to process. If there are any issues with your application, we will be in touch.

All school card forms are **due back by the end of term 1.**

If you would like to pay direct into the school bank account the details are: BSB105-093 Account Number: 3550007440

As always if you have any questions about your accounts then please come and see me in finance. I will be more than happy to help.  
Andrea



## SCHOOL CANTEEN

### Volunteers Needed!

We are looking for volunteers to help out in the canteen.

No experience is necessary as full training is provided.

Volunteering in the canteen is not only fun and rewarding but also a way to get to know some other parents and carers involved in our school.

Volunteer weekly or fortnightly.

If you are able to help out please let myself or the front office know.

Kym - 0418 849 215  
(Canteen Manager)

### LUNCH ORDER SPECIAL

ORDER A HOT DOG AND ANY DRINK FOR

**ONLY \$5-00**

**FREE EXTRAS**

- Butter
- Tomato Sauce
- BBQ Sauce
- Mustard
- Cheese

Drinks include Hot Milo, Milk, Flavoured Milk, Juice & Water.

\*\*\*Our Hot Dogs are low fat & low salt, & fit the Rite Bite criteria. Hot Dogs do contain Pork.

MISS AISTROPE'S CLASS  
PRESENTING ASSEMBLY



**Rate-a-Read**

This year we will be featuring some book reviews by our students. They will give books a rating of 1-5 stars. Ask your teacher or Mrs Martin for a rate-a-read sheet and give them to Mrs M when you've done it! Our very first review is by Alanood in Mr Ly's Class.



Title: **Just one Wish**

Author: Sally Rippin

This book is about a girl called Penny who has just moved from China to Australia. She can't speak much English and she doesn't

have any friends. She has a horrible cousin who makes life at her new school miserable. I like this book because I had lots of fun reading it.

**Holdfast Bay**

**rhythmic**

**gymnastics...**

is coming soon to

Ascot Park Primary School

Classes for girls ages 5 & over

Mondays 3.30 – 4.30pm

Phone: Kara 0400 877 808

Email: [holdfastbayrg@gmail.com](mailto:holdfastbayrg@gmail.com)



PERFORMING ARTS / CHINESE  
Heather Smith



At assembly Mr Ly's class performed a rap to celebrate Lunar (Chinese) New Year.

This was a great way to practise saying Xin Nian Kuai Le (Happy New Year) in Chinese and also shan yang (goat) because this year is the year of the goat (or sheep).



*Nian peeps through a window.*

Students also learned the story of Nian the Chinese monster that appeared at the beginning of spring festival (New Year) and was chased away by loud noise, fireworks and the colour red. They made their own plays about why Nian needed to be chased away and what it was that frightened him.



*This play ended with the arrival of a celestial dragon showing that everything would be alright.*



*Nian is frightened by the loud noise.*

## MS CLIFFORD'S CLASS

On Monday the 16<sup>th</sup> February the RAA Road Smart Program visited our school.

Hilary taught us a song about road safety.

We learnt that you always get out of the car from the door that is on the footpath side.



We learnt 4 things to remember when crossing a road. They are "Look, listen, think, walk." Always cross the road with an adult.

Here are Ms Clifford's children practising crossing the road safely.



### ANZAC EVENT INFORMATION

#### Honour our Anzacs at the Cove

Families are invited to honour the hundredth anniversary of the landing at Gallipoli at a major event overlooking the sea at Hallett Cove.

The Anzac Day Eve Youth Vigil hosted by the City of Marion will pay tribute to the people who fought for their country with activities including the unveiling of a new memorial, musical performances and a tent of World War One memorabilia from 6.30pm on Friday, April 24.

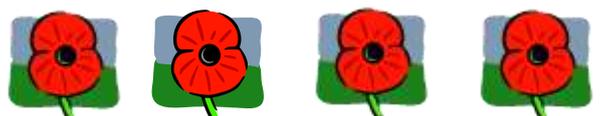
A special ceremony will be held at 8.30pm after which young people from service organisations will form an all-night honour guard.

The Lions Club of Hallett Cove will hold a dawn service at 6am on Saturday, April 25, followed by a free breakfast.

Full details of the event, which will take place at Heron Way Reserve, Hallett Cove, are on the City of Marion website

[www.marion.sa.gov.au/anzac-centenary](http://www.marion.sa.gov.au/anzac-centenary)

If you require further information, please contact Richard Watson at the City of Marion on: 8375 6714.



Ph: (08) 8268 7869

Dear Parents,

We will be photographing Ascot Park Primary Specialist Physical Education and Sport School on **Wednesday 18<sup>th</sup> March 2015**

You will receive a Flyer/envelope for each of your children explaining the products available.

**NEW: ORDER & PAY ONLINE FOR YOUR SCHOOL PHOTOS**

This year advancedlife can process your order & payment online.

Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) & follow instructions on back of flyer provided.

Your 9 digit key code can be found on your envelope.

**Order envelope NOT required to be returned if ordering online.**

**Cash, Cheque or Money Order Payments**

Please ensure that each child returns his/her own envelope even if payment is made in the eldest child's envelope. Envelopes are not to be placed inside other envelopes.

**Students are to bring envelopes on or before Photo Day.**

**Sibling photos**

Sibling Photos are also available for students attending your school and can be ordered online. Online sibling orders will be closed 2 days prior to photo day.

**BUT**

**ORDERS** after close off will still be available by collecting a sibling envelope from your school office and can be paid for **ONLY** by cash, cheque or money order.

This envelope with payment enclosed **MUST BE RETURNED** to the school on photo day

Please don't hesitate to contact **advancedlife Photography** if you have any queries.

We look forward to seeing all your smiling faces!

**Community Notices**

**Glandore Community Centre** 

# ACTIVE KIDS PLAYGROUP

Enjoy a coordinated playgroup with activities, craft and free play for the children.

The parents and carers can enjoy the support and company of other people with children of a similar age and interests

**Fridays**  
**(During school term)**  
**9.30am - 11.30am**  
**Cost \$4 per family**



Coastal Neighbourhood Centre  
175 South Beach Road  
Glandore WA 6157  
Tel: 8371 1139  
www.marion.nsw.gov.au

Mitchell Park Neighbourhood Centre  
100 Mitchell Park Road  
Mitchell Park WA 6157  
Tel: 8371 1139  
www.marion.nsw.gov.au

Wandoo Community Centre  
10 Wandoo Road  
Wandoo WA 6157  
Tel: 8371 1139  
www.marion.nsw.gov.au

Trout Park Neighbourhood Centre  
100 Trout Park Road  
Trout Park WA 6157  
Tel: 8371 1139  
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**Glandore Community Centre** 

# KIDS ART

## New Art Program

Our kids art program is a brand new after school activity for those children wanting to delve into their creative minds. Set as a 10 week program looking at different mediums and artist styles, this hands on activity will have your 7-12 year olds enjoying their artistic expressions.

**Wednesday 4 February,**  
**10 weeks**  
**4pm—5.30pm**  
**Cost \$90**



**Bookings essential 8371 1139**

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## PCW CORNER

**THANKYOU TO ALL THOSE WHO CAME OR DONATED TO THE PANCAKE BREAKFAST CLUB LAST WEEK!! A GREAT TIME WAS HAD BY ALL! We have enough Milo for now, but some more eggs would be appreciated.**

Lent, the forty days before Easter, is the traditional time in the Christian tradition where the focus is on all the bad stuff and how to make it better. Bad stuff happens every day and we are here to help each other through it. Some bad stuff is worse than others. Some we can see coming and other bad stuff seems to come from nowhere. Some bad stuff we cause, other bad stuff happens to us and a lot of bad stuff happens to other people as we see in the news every day.

Yesterday, some bad stuff happened to my daughter. Earlier in the day, as I was driving along Marion Road, I remember thinking about how much the traffic had increased along that road. There were a lot of cars either banked up waiting or moving very slowly. Where the traffic was flowing, it soon had to slow down quickly when it encountered the traffic jams. In this situation it is quite easy for an accident to happen and this is exactly what happened to my daughter. As she slowed to a halt, the car behind her did not stop in time and crashed into her car. Even though neither car was going fast the damage to both cars was significant.

It was what happened next, immediately after the accident, that was vitally important for the aftermath of the crash. Two people were getting out of their crashed cars and meeting for the first time under stressful circumstances. What were those two people like? How would they get on? Both would have feelings of anger, sadness and frustration with which to deal. The situation could easily flare up and get a lot worse. Fortunately, our society has rules to follow in these circumstances, so that the clean-up process

can happen in a civil manner so that things do not get a lot worse. The best result is where the two people both have a sense of understanding and compassion about the circumstances leading to accidents, as well as a sense of compassion and understanding towards each other. In this case, the mess is dealt with in such a way that the two people can learn from the experience and move into a better future.

Fortunately for my daughter, she did encounter a nice young man in the other car. This means that the mess will be able to be cleaned up with the minimum of fuss. Who knows - it may even mean a new car? She likes her little old car and will be sad to see it go. And, there is all the time, effort and money needed to get back on the road again. But, as long as we live in an imperfect world, there will be car accidents. I and my daughter are extremely thankful that no one was hurt in this accident.

How is your good stuff and bad stuff going?

**Til next time  
Karen  
PCW**



**GUIDELINES FOR GOOD GAMING**  
THURSDAY 19TH MARCH 2015, 7:30-9:30PM  
MERCEDES COLLEGE, SPRINGFIELD

Guidelines for parents on the physical and psychological effects of electronic gaming

Prof Leon Straker- Professor of Physiotherapy at the Curtin University in Perth, and holds a National Health and Medical Research Council Senior Research Fellowship.

Dr Wayne Warburton- Lecturer in Developmental Psychology, and Deputy Director of Children & Families Research Centre, Macquarie University in Sydney.

Chaired by Amanda Blair

Cost \$25 per person.

Book your ticket at: [www.trybooking.com/GVCW](http://www.trybooking.com/GVCW)

Supported by:



MERCEDES COLLEGE



[www.childrenandmedia.org.au](http://www.childrenandmedia.org.au)

[australiacouncilforchildrenandthemedia](http://australiacouncilforchildrenandthemedia)

[children\\_media](https://twitter.com/children_media)

## Plays is the Way Update - From Pam and Mrs. Martin's Year 3/4/5 class

Getting a reward for doing something well or doing something right sounds like a fair idea doesn't it? It sounds like a good way to get people to do something.

In Play is the Way however, the focus is on doing the right thing because it is simply the right thing to do, NOT because there is a reward at the end. This is known as intrinsic motivation.

Recently, the class was told about the plan to learn all of their times tables. "What do we get if we do?" someone asked. "Satisfaction", was the answer.

If we as parents or teachers continually attach rewards to tasks we expect children to complete, we are setting them up to develop the habit of always needing a reward and not being self motivated.

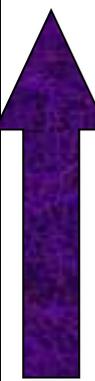
The same situation arises with language. If we just say, "Good", rather than, "Fantastic, that was awesome" we are keeping things real and we are not over exaggerating the importance of an event.

*"The way you have been on task today, has helped your learning. Good job." "Thank you for remembering to take out your dishes".*

These are simple and real comments, with no rewards attached.

In class we challenge each other to think about our levels of motivation. We use the grid below. Sometimes our level of motivation changes depending on the task at hand. Sometimes our motivation levels changing depending on whom we are with. Why are some people at level 1 some of the time. How do some people sit at level 4 a lot of the time. What level might famous people in history have been at. How does level 4 motivation make the world a better place?

### What's your MOTIVATION LEVEL?

LEVEL OF MOTIVATION		EXAMPLE: You are walking towards litter on the ground...
<b>Level 4</b> - Do it because you know that it is THE RIGHT THING TO DO! No expectation of reward and maybe nobody will ever even know that you did it!!!		Pick up the litter because that is simply what should be done.
<b>Level 3</b> - Do it in the hope of being noticed and rewarded/praised.		Pick up the litter and show to a teacher hoping for praise
<b>Level 2</b> - Do it when you are told to.		Pick it up and place in a bin after the teacher has asked you to do so.
<b>Level 1</b> - Don't do it at all.		Walk straight past the litter.

# ASCOT PARK PRIMARY SCHOOL

## NUT AWARE POLICY



### Purpose

To provide a safe environment for all members of the Ascot Park Primary School community and to raise awareness in our community regarding students who have a severe allergy to nuts.

From the beginning of 2015 Ascot Park Primary School is becoming a 'Nut Aware School' in line with many other schools in South Australia.

### Rationale

We are increasingly aware of the number of children and community members who have a severe allergy to nuts. Some of our students cannot be exposed to nuts in ANY form, as this may trigger an anaphylactic reaction. This is a reaction which can cause significant breathing difficulties and / or a dramatic drop in blood pressure and requires an immediate injection of adrenalin, ambulance attendance and hospitalization.

The school seeks parent, student and staff support towards maintaining a minimized risk to students having an allergic reaction to the presence of nuts.

### Policy

Parents and caregivers are requested NOT to send food to school that contains nuts. This includes peanut paste, nutella, baklava, muesli bars containing nuts,

all nuts and cooking oil containing peanut oil as well as any food containing nuts.

This school acknowledges that due to food processing practices, it is impractical to eliminate nuts or nut products entirely from an environment where there is food. Therefore we are a 'Nut Aware School.'

### Awareness with children

Students are encouraged to wash hands before and after eating.

Students are encouraged not to share food.

Students are asked not to bring food containing nuts on special days, eg. Harmony Day.

### Awareness with Staff

Staff will undergo regular training in the health management of students and the treatment of anaphylaxis.

The First Aid Officer is in charge of Epi-pens and medications (provided by the family). All children will be identified by a photograph for staff awareness. A Health Care Plan needs to be provided by the parent / caregiver and signed by the family doctor

