Leader’s Report

We are in the early stages of organising for the 2015 school year and trying to determine classes for next year.

It is vital that our predicted enrolment numbers are as accurate as we can possibly be. Therefore if your child/children will not be attending Ascot Park PS I ask that you provide this information ASAP.

Soccer Programme – What I am pleased about is that we are starting to see the fruits of the success of our programme with a number of students from other schools enrolling. I have also had some fruitful discussions with Netball SA and hope we are able to begin specialist netball in 2015.

Student Free Day and School Closure

A reminder that Monday September 8th and Tuesday September 9th the school will be closed. Staff has professional development on the Monday and both staff and students have a show day on the Tuesday.

COOKING CLUB

A big congratulations to John Ly and his year 7 ‘Cooking Club’ students who designed and cooked a 3-course meal for the staff on Monday 25th August. Not only did students design the menu, place names and cook, they also waited tables. The food and service was fabulous. Well Done!

Breakfast Club

Breakfast Club occurs on Wednesday mornings at 8 am in the new gym. Come along and enjoy a good start to the day. Volunteers are always welcome to help. Some surveys will be sent out this week in support of a healthy breakfast time.

STAFF CARPARK

The Governing Council have requested that parents DO NOT use the car park to drop and pick up your children. We would appreciate that parents respect this directive. Thanks!
Family Maths Challenge

Talk about the Maths Challenge as a family and see how you all solve the problems. Record how you do the challenge and then bring it into school (with name and class) and post it into the Maths Box in the office by Friday. We will acknowledge students’ and family efforts in the next newsletter.

Congratulations to Dee-Jaye Roach who correctly answered our #6 Challenge - ‘Words’.

Challenge # 8 – Time to go

A man has to be at work by 9:00 a.m. and it takes him 15 minutes to get dressed, 20 minutes to eat and 35 minutes to walk to work. What time should he get up?

#7 Answer – Stranded

How did your family go with solving last time’s problem?

a) 5 trips
b) 12 trips

Performing Arts – Heather Smith

We continued our theme on Girawu the Goanna, so that in drama, all the classes made plays about people being selfish.

Traditional societies have to share water and food to survive, so people cannot be selfish. We made a list of the kinds of behaviours we considered to be selfish in our society…things that made life not so nice for others. From our list, students took ideas to make their plays.

Some of the things on our list of selfish behaviours were… bullying, stealing, violence, not following rules, racism, not using self-control, lying, excluding others, vandalism, not being fair & threatening behaviour.

After students showed their plays they asked their audience if they knew which behaviours were being targeted. Some plays initiated very serious discussion and through the process, various issues to do with others in the school became evident. Some of the discussions lead to very compassionate responses from students.

I was heartened by the care and support that students showed each other on learning that some classmates had been on the receiving end of selfish behaviours.

Canteen Royal Show Special

For the duration of the show get

- Mamee Xpress Cup Noodles (chicken)
- A Pop Top Juice (Apple, Apple Blackcurrant or Orange)

For Only $3.50

Breakfast Club

Wednesday Mornings
8:00am – 8:30am 😊
In the new gym
We would love to see you there!
CPS CORNER

I have recently been involved in surveys covering my role and the work that I do in the school. One of the contributions that arose was that of having conversations. Talking to each other may seem an obvious and natural thing to do. When we are born we have adults talking to us and as we grow we learn to talk back to the adults and also to each other. You may have heard the expression “the art of conversation”. This refers to the fact that there is actually a process going on in a good conversation that leads to the people involved both enjoying the conversation and wishing to continue it further. This process can be observed, taught and learnt so that people can practise how to have a good conversation.

It is likely that we have all experienced a conversation that has not gone so well at some time or another. These conversations are much harder to deal with and we must also learn how to have conversations about these conversations as well! This is the much harder work that I also do in my role here at the school. The aim is always to look for positive ways in which to do this. One such way was highlighted in the paper on Monday under the headline “Chats save lives”. A group of people have gotten together to create the R U OK campaign. Their “Conversation Bus” was in Adelaide on Monday to promote the use of a good old fashioned chat as a means to help mental health. The idea is very simple – all it takes to start a helpful conversation is to say “R U OK?” People are often unsure of how to get help and it can be hard to take the initiative to do so. People may not be aware of the help available or may be too embarrassed to get help. Even if everything is OK the act of asking the question shows that you care and will make the other person feel even better. So the simple act of asking someone how they are can multiply the good things in their lives.

There are some people who do not want to get into conversation and you will find the R U OK website useful in dealing with this situation for your own well-being.

Hope U R OK
Til next time
Karen Tromans
CPSW

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by volunteering to host one of our exceptional international students arriving in Australia in February 2015 for their 3, 5, or 10 month programs. Our international students from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Japan and USA will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email sccecaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

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